

Saturday 19th October, 2019

*Seeing beyond
the screen*

teaching.
& training
women

Wentworthville Presbyterian Church, McKern St Wentworthville

PROGRAM

- 9.00 Bible Talk Celia Chew
- 9.30 Impact of technology Nalini Pather
- 10.40 Morning tea
- 11.10 Workshop 1
- 11.55 Workshop 2
- 1.00 Lunch

WORKSHOPS (choose 2)

1. Can social media help your church? Sami Ho
2. Can technology help your walk with God? Sarah Bell
3. How technology is impacting our preschoolers to primary children Grace Murray
4. How technology is impacting our teenagers Nalini Pather

TTW Committee (with a red name tag)

Sarah Bell, Di Berringer, Leanne Clark, Evelyn Mill, Grace Murray, Debbie Tattersall, Danielle Terceiro and Chris Quirk.

What is Teaching and Training Women?

In order to build up the body of Christ, we provide opportunities for women in the Sydney region to receive Bible teaching and training in ministry skills from other women.

Teaching and Training Women comes under the supervision of the Women's Ministry Committee of the Presbyterian Church of NSW.

“Like” our new **Teaching and Training Women** facebook page to stay updated about all our events.

You may also want to visit our website at: www.womenministry.org.au

For more information, email: teachandtrainwomen@gmail.com

Who Do You Think You Are? Colossians 3: 1-17

Identity

Living it out

Remember who we are

HOW TO SPOT A PHISHING ATTACK

A phishing attack is a form of social engineering by which cyber criminals attempt to trick individuals. They create and send false emails that appear to be from an authentic source, such as a business or colleague. The email might ask you to confirm personal account information such as a password or prompt you to open a malicious attachment that infects your computer with a virus or malware (software that is designed to damage, disrupt or gain unauthorised access to a computer system).

Phishing attacks are increasing in frequency and in sophistication with many Australians, local businesses and even churches being attacked.

Below are five simple rules to help you spot a phishing attack.

1. The email asks you to confirm personal information

Often an email will arrive in your inbox that looks very authentic. Keep your eye out for emails requesting you to confirm personal information that you would never usually provide, such as banking details or login credentials.

Do not reply or click on links and if you think there's a possibility that the email is genuine, you should search online and contact the organisation directly – do not use any communication method provided in the email.

2. The web and email address do not look genuine.

Criminals aim to trick recipients by including the name of a legitimate company within the structure of the email and web address. If you take a moment to actually examine the email address you may find that it's a bogus variation intended to appear authentic – for example: @mail.airbnb.work as opposed to @Airbnb.com.

Before clicking on links, hover over and inspect each one first.

3. It is poorly written

Read the email and check for spelling and grammatical mistakes, as well as strange turns of phrases. If you have received an unexpected email from a company, and it is riddled with mistakes, this can be a strong indicator it is actually a phish.

4. There is a suspicious attachment

Alarm bells should be ringing if you receive an email from a company out of the blue that contains an attachment, especially if it relates to something unexpected. The attachment could contain a malicious URL or trojan (disguised to mislead users by looking like legitimate software), leading to the installation of a virus or malware on your PC or network.

5. The message is designed to make you panic.

It is common for phishing emails to instil panic in the recipient. Ensure that you take the time to really think about whether an email is asking something reasonable of you. If you're unsure, contact the company through other methods.

When in doubt, throw it out: Even if you know the source, if it looks suspicious, delete it.

By Peter Newing
(adapted from <https://staysafeonline.org/blog/5-ways-spot-phishing-emails/>)

PRAYER

Thanks for the amazing advances in technology that are available to us. We know that even these resources are part of your Creation and can be used for your glory. Help us to be discerning as we use these technologies for good rather than evil.

Help us in our churches to continue to relate well and be relevant to our world and our communities. Help us also to be a light in our communities and to not be conformed to the world's thinking.

Pray for young children in our families and churches as they are exposed to a rapidly changing world. Help us to guide them and equip them to use technology wisely and protect them from harm.

Pray for teenagers and young adults in our families and churches as they make choices about using technology and social media. Keep them from sin and addiction. Help them to be wise and to show love. Help them to stand for you rather than to be conformed to peer pressure.

RECOMMENDED BOOKS

"Competing Spectacles" by Tony Reinke.

"12 Ways Your Phone is Changing You" by Tony Reinke

Apps: Prayermate (for organising your prayer points)

Solid Joy (daily devotions by John Piper desiringGod.org)

She reads truth (online community of women in the Word)

Proverbs 31 Ministries

Bible in One Year (Nicky Gumbel and Pippa Gumbel)

COMING EVENTS

Be Creative Craft Camp

A weekend camp for women of all ages offering over 20 craft workshops with experienced tutors. Come and learn a new skill and take home your creations. Hear some Bible talks, make new friends and enjoy rich fellowship.

Friday 8th November to Sunday 10th November

At Stanwell tops

Contact: Mrs Pat Christian 4244 0172 p.christian@bigpond.com

Mrs Barbara Chaney 0409 049 877 barbchaney@tpg.com.au

Cost: \$190 plus workshop expenses.

Presbyterian Youth – Summer Camp 2019

Topic: *Are We There Yet?* Studies from the book of Numbers

Date: 27th Dec – 1st Jan

For Year 7 to 23 years old

At Stanwell Tops

Cost: \$515 with great family discounts

Contact camps@pynsw.org.au or call (02) 9690 939

PY Camps present the Gospel within temporary community, alongside mature Christians. Our Camps provide opportunities for new and strengthened friendships from around NSW that last a lifetime.

There are opportunities for adults with a mature faith and leadership experience to lead on our Camps. Serving on Camps is a wonderful opportunity to share your love for Jesus with youth and young leaders.

PY Lead for Life

A 12 month internship for people 17 to 25 years that sets the direction of leadership in young leaders to know, love and serve Jesus for life. This runs alongside PY Summer Camp (see above). This has been life-changing for so many young people and it grows the Kingdom of God.

Contact: Karen Astles rockpool@ozemail.com.au

For your 2020 diary

Teaching & Training Women - A Christian World View

What is it? How can it impact our thinking and help us answer difficult questions?

Date: 9th May 2020

At: Wentworthville Presbyterian Church

Inquiries: teachandtrainwomen@gmail.com



5 QUESTIONS TO ASK BEFORE USING SOCIAL MEDIA

Adapted from Tony Reinke's
"12 Reasons Your Phone is Changing You"

CHRIST OR ME?

Does my use of social media magnify Christ or me?
John the Baptist said, "He [Christ] must increase, but I must decrease." (John 3:30) It is good to share your life with others, but does your use of social media indulge your vanity? If the purpose of a Christian is to glorify God, do your social media posts reflect this purpose?

COVETOUSNESS?

Does my use of social media amplify the sin of covetousness in my heart?
We are all prone to breaking the tenth commandment, "You shall not covet" (Exodus 20:17), and social media has a way of making us feel dissatisfied with what we do have. We begin to covet our friends travels, clothes, home decor, fancy meals, intellect - even their cute kids or romantic spouses. Does your social media use amplify your covetousness?

SLOW TO SPEAK?

Does my use of social media hinder my ability to be "quick to hear and slow to speak and slow to anger" (James 1:19)? Do you find yourself always in the comments section? Sometimes the engaging debates and arguments on social media dominate our thoughts. Does your social media use trigger you to speak quickly and argue constantly?

ANXIETY?

Does my use of social media amplify my anxious heart?
Social media can saturate us in bad news, political conflict and culture wars, triggering our anxiety, making us feel attacked or overwhelmed. But God's word instructs us to think about "whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable." (Philippians 4:8) How much negative content are you consuming in a day? Does your social media use prevent you from thinking about the very things God's word fills our mind?

RELATIONSHIPS?

Does my use of social media allow me to ignore in person relationships?
Does my use of social media hinder my ability to love and minister to those God has placed in my life? We can spend so much time on 'social' media that it can take us away from the very people God has placed in our life: our children, our spouse, our neighbours, our Church family. Or, we can be so discouraged by what we see our friends post on social media, that we struggle to love them well in real-life. But God's word encourages us, "let us not love in word or talk but in deed and truth." (1 John 3:18) Does your social media use prevent you from loving and serving the very people God has placed in your life?