

## **Ministry Wives Get-Togethers**

The role of a ministry wife is quite different to other wives within a church family. As such it is easy to feel isolated and at times lonely despite the number of people that may be in the church family or wider community. The Women's Ministry Task Force has been assisting wives within Presbytery areas to get together to meet each other, network, support and encourage each other, share a bible study and think about self-care. The first was in the Northern Rivers Presbytery and included a bible study, talk on stress management and then casual time together. In the Hunter Region, wives were invited to attend over morning tea to talk and share with each other share a bible study and pray together. Central Coast wives have also found similar meetings beneficial. Whilst it is not practical, in regards to time for most, to meet frequently, each of the groups have identified the value in meeting with wives regionally outside their own local church network for support and encouragement. Whilst getting time that suits all wives in an area is difficult, once they meet the time is worth the effort.

The Women's Ministry Task Force is unable to facilitate such get-togethers in all regions due to the time and distances involved however they strongly encourage wives across New South Wales to make the time to meet with nearby wives face to face. If this is something you would like to initiate in your region you can contact the task force through this website or ringing the church offices and asking someone from the task force to call you back. The downloads below are a sample flyer/letter used to gain initial interest for an area and the second is a sample invite that were used in the Hunter region. Post was used initially as the easiest method of communication, then once contact was made email used to communicate with each other.